

**Eastern Kentucky University Retiree Association Meeting  
April 19, 2016**

Location: Golden Corral

Time: 11:30

Guest Speaker: KTRS Health Insurance Specialist Courtney Mangione

Topic: Update on Health Care Coverage for Retirees

Fawn Conley, former president of EKURA, opened the meeting by welcoming more than 30 members and guests to our April meeting. After a buffet luncheon, a brief business meeting followed. Fawn called the meeting to order and asked that new attendees to please sign the sheet circulating so that we will have current email addresses. It is especially important to notify us of any email preferred to the EKU address, so that members may be assured of receiving notifications. As minutes are distributed electronically on the EKURA website, Fawn called for approval. They were approved by consensus. Pat Ridgley, treasurer, reported that 53 are currently paid members of EKURA. He reminded those in attendance of the \$10 per year dues OR \$120 for a lifetime membership, \$100 of which goes to our scholarship fund. Our current balance is \$2,488.99. Jackie Vance, Secretary, reminded members to complete white cards which authorize \$20 to be taken from a member's November pension check; with this process an EKU retiree is a member of KRTA and is guaranteed benefits and publications.

The State Convention for KRTA is scheduled for April 26 and 27 in Louisville. We can designate, or take volunteers, for delegates to the convention. Anyone interested should contact Marshall. As an affiliate organization, we need to contribute some items for door prizes. Fawn announced that nominations for the Kentucky Teacher Hall of Fame for teachers in grades P-12 have been called for; anyone interested in more information should see Fawn. Dr. Janna Vice, Provost at EKU, will be retiring on June 30, 2016. A celebratory reception will be held on Friday, May 6, from 2-4 in the lobby of the EKU Center for the Arts; all members of EKURA are invited to come to this event to wish Dr. Vice well in her retirement, after a very productive career at EKU.

Fawn Conley reminded those in attendance of the June meeting which will be on June 21, at Golden Corral at 11:30. Gina Noe, Madison County Extension Services, will present a program in which she will make our membership aware of programs available to the Madison County community, as she emphasizes those which might be of most interest to retirees. Fawn mentioned that three of our major fundraising/community supporting projects will continue during the next academic year. In August we will collect school supplies for the School Store at Model Laboratory School which is operated by the Special Education Department as a job-skills' building activity. In October we will conduct a canned food collection, the products from which will be distributed to local food banks. In December we will collect hats, scarves, and mittens for the local Salvation Army.

The next Food and Drink Event will be hosted by John and Martha Davidson and will be an excursion to The Glitz in Nonesuch, Kentucky. A sign-up sheet was circulated. All

information is posted on the Website and those needing more information may contact Ron Wolfe. There are seats available for only two more, so call Ron if interested. May 17, 2016, is the trip for members and friends to the Thomas Walker House and Cumberland Gap National Park. Don Calitri has arranged for lunch at Union College, so members are asked to sign up on the circulating sheet so we will be able to give the college numbers for preparation purposes.

Our annual extended trip has been planned by Bob Rogow and Doug Lippmann. The entire itinerary and special information about the trip is posted on the Website. An informational report was presented about the trip to Springfield, Illinois, materials were distributed, and members were encouraged to get their responses in soon, as deadlines are set and the bus seats 40; at this time 20 have registered. All information is available on the website and the EKURA Community FB page.

Jackie Vance introduced the speaker, Courtney Mangione, who is a health insurance specialist with KTRS. Mrs. Mangione explained an overview of her presentation as one which will address the KTRS retirees benefits through United Health Care, Edumedics, and Silver Sneakers while highlighting the 2016 Features of MEHP. She distributed a very specific powerpoint presentation which thoroughly addressed each piece of MEHP specifically; this document is available from an EKURA officer or any one of the insurance advocates affiliated with KTRS may be contacted with individual concerns. Shana, UHC Retiree Advocate at KTRS is available for face-to-face meetings. Hearing exams, hearing aid allowances, podiatry visits, periodical publications, care coordination and planning, smoking cessation programs are available through UHC. The availability of wellness visits and the HouseCalls service were described. The high numbers participating in the SilverSneakers Program was discussed. The managing of certain chronic conditions by a health care professional through Edumedics was described. Pharmacy Services through Express Scripts and the Know Your Rx Coalition was addressed and ways to expedite concerns through the Pharm-Assist Program was mentioned. Several vendors available to retirees were listed and types of coverage enumerated. Mrs. Mangione described services available and ways to address individual concerns. Jane Gilbert, director of the KTRS Insurance program spends a great deal of time in Washington advocating for the membership. Through UHC the insurance program for retirees remains stable with some enhancement. She advocates using the Portal and to contact KTRS for specific concerns. She made us aware that 94% of requested funding in the recently addressed state budget was granted. At the close of the presentation a brief question and answer period followed the excellent presentation. She offered to stay after the adjournment to address individual questions; several members did this.

The meeting adjourned at 1:30. Our next meeting will be at Golden Corral on June 21, and our speaker will be Gina Noe.

Respectfully submitted, Jackie Vance, Secretary